



2024 Alaska WWAMI Clinical Faculty Development

**In Partnership with the Alaska Academy
of Family Physicians Winter Update**

Presenting the University of
Washington School of Medicine's
**Center for Learning & Innovation in
Medical Education (CLIME) & Stern
Faculty Development Educators**



CME PROGRAM AGENDA

Friday February 9, 2024

8:00 AM- 12:00 Noon

Faculty Development Session

8:00 AM- 9:00 AM

**How to maximize learning using a positive learning climate
Somnath Mookherjee, MD**

Objectives

- 1) Prioritize learning climate as the foundation for learning
- 2) Use self-reflection to identify areas of learning climate improvement
- 3) Employ words and behaviors which positively impact the learning climate

9:00 AM- 10:00 AM

**How to give effective feedback
Heidi Combs, MD**

Objectives

- 1) Understand key features of feedback
- 2) Identify barriers to feedback and develop strategies to mitigate these barriers
- 3) Appreciate the difference between assessment and feedback
- 4) Develop a framework to utilize when giving feedback

10:00 AM-11:00 AM

**Communicating with the New Generation of Medical Students
Toni Biskup, MD, MPH, FAAP, FACP**

Objectives

- 1) Identify personal and generational challenges
- 2) Compare characteristics of the new generation of students with previous generations
- 3) Discuss ways health professions curricula can be adapted to provide quality education

11:00 AM-12:00 AM

**Time Limited Teaching to Support Understanding & Retention
Laura Goodell, MD**

Objectives

- 1) Collaborate with learners to target & teach using shared learning goals.
- 2) Engage learners in active learning.
- 3) Use techniques which maximize understanding and retention: emphasize take-home points, use effective visual cues



TONI BISKUP

M.D., M.P.H.

Dr. Toni Biskup is originally from the Midwest, but has been nomadic most of her life living in multiple states and countries. She started a career in teaching and linguistics in hopes of learning as many languages as possible in her work with refugees. She transitioned into medicine because she found it fascinating and appreciated the hands-on service along with the ability to travel globally and use other languages. She completed her MD and MPH degrees at the University of Iowa, an internal medicine-pediatrics residency at University of Maryland Medical Center, and a fellowship in international emergency medicine at University of Illinois, Chicago.

Some of her international work over the past 20+ years includes teaching reproductive health in rural Guatemala, clinical work in communities with no health care access in Mexico and Haiti, working with NGOs and government partners in Haiti after the 2010 earthquake, developing a malaria treatment assessment in rural Uganda, co-directing a pediatrics critical care and emergency medicine fellowship in Ecuador, serving as the pediatrics residency program director in Hanoi, Vietnam, and working with refugees in Jordan, Greece, and Lebanon.

She has a master's certificate in refugee trauma and mental health from Harvard University. She remains dedicated to teaching throughout all of this and is working on a master's in education for health professionals. She is the Alaska Stern fellow for medical education. Her passion in education lies in the fact that trainees are brilliant and inspiring, and teaching is one of the most effective ways to change the world and move toward justice.

<https://www.uaa.alaska.edu/academics/college-of-health/departments/wwami/faculty-staff/biskup-toni.cshtml>



HEIDI COMBS

M.D., M.S.

Dr. Heidi Combs is a Professor in the Department of Psychiatry and Behavioral Sciences at the University of Washington in Seattle. She completed medical school and residency at the University of Washington then joined the faculty upon graduation. From 2006 -2017 she was the Psychiatry Clerkship Director for the University of Washington School of Medicine. She served as the Inpatient Psychiatry Medical Director at Harborview Medical Center from 2011-2019.

Dr. Combs was selected to hold the Stern Endowed Chair for WWAMI faculty development in 2019 and became the Vice Chair of Education for the Department of Psychiatry and Behavioral Sciences in 2020.

Intensive inpatient psychiatric care is the focus of her clinical work. Areas of interest are acute psychiatric care, management of psychiatric illness in primary care, and medical education. Publication focus is centered on medical education. She has received numerous teaching awards from the School of Medicine, Psychiatry Residency, Department of Psychiatry and Behavioral Sciences and nationally.

<https://psychiatry.uw.edu/profile/combs-heidi/>



LAURA GOODELL

M.D.

Dr. Laura Goodell is a Clinical Assistant Professor in the Department of Family Medicine at the University of Washington School of Medicine (UWSOM). She earned her undergraduate degree in Biomechanics from Montana State University (MSU). She attained her MD from the UWSOM as a graduate of the E03 Montana WWAMI class & a WRITE scholar in Hailey, Idaho. She completed her family medicine residency and chief year at Montana Family Medicine Residency in Billings.

Dr. Goodell is a 5th generation Montanan & began her practice as a rural family physician in Dillon - a ranching community of 5000 people in southwest Montana. She taught RUOP, WRITE and TRUST students at the bedside as a clinical instructor. She now lives in Bozeman and is a clinician educator to first & second year medical students in the classroom. She maintains a part time clinical practice at University Health Partners at MSU.

Dr. Laura Goodell is committed to excellence in medical education, patient advocacy & training rural physicians. She also is a teaching scholar and STERN regional faculty educator – an endowed position to teach, coach and mentor faculty to help support medical student training.

When she is not at work, Dr. Goodell is a mother, wife and adventurer. She is supported & propelled through life by her husband Baldwin, son Oliver, and daughter Beth.

<https://clime.washington.edu/>



SOMNATH MOOKHERJEE

M.D.

Dr. Somnath Mookherjee is a professor of medicine at the University of Washington; his clinical practice is in perioperative medicine and internal medicine consultation. Dr. Mookherjee is Director of the University of Washington School of Medicine's Center for Learning and Innovation in Medical Education ([CLIME](#)). He also serves as Colleges mentor for UWSOM students.

Dr. Mookherjee's scholarly work focuses on optimizing clinical teaching. He has published research on peer feedback of teaching, physical examination education, and other aspects of medical education. He is co-editor of the [Handbook of Clinical Teaching](#), [The Perioperative Medicine Consult Handbook](#) and [Chalk Talks in Internal Medicine: Scripts for Clinical Teaching](#). Dr. Mookherjee serves as deputy editor for the [Clinical Care Conundrum](#) series for the [Journal of Hospital Medicine](#). In addition, he is Director of UW [Academic Hospitalist Fellowship](#), and leads the GIM [Faculty Development Program](#).

Dr. Mookherjee completed his training in internal medicine at the University of Washington in 2007. He went to the University of California, San Francisco (UCSF) where he completed an academic hospital medicine fellowship and the Teaching Scholars Program. He returned to the University of Washington in 2012 to rejoin the Division of General Internal Medicine. In his free time, he is most interested in spending time traveling with his wife and two boys. Other interests include vexillology, travel-related graphic design, and Indian history.

<https://clime.washington.edu/>

2023 Alaska WWAMI Clinical Teaching Award Recipients



Dr. Jessica Arasmith, is the lead Pediatric Hospitalist for The Children's Hospital at Providence Medical Center, Anchorage. Dr. Arasmith was an E2003 Alaska WWAMI student and graduated from the UW School of Medicine. She completed her specialty training in Pediatrics at Loma Linda University Medical Center in 2010. Upon completing her specialty training, Dr. Arasmith returned to her home state of Alaska and has been teaching WWAMI students at The Children's Hospital at Providence ever since. Dr. Arasmith has been a steadfast supporter of the Alaska WWAMI Medical Education Program, dedicating endless volunteer hours to assure that students get an outstanding first clinical exposure to the care of children.

For the past 13 years, Dr. Arasmith has consistently gone above and beyond ensure that her students get a broad and rich exposure to the practice of Pediatrics, including acute care, critical care, ambulatory care, emergency, and specialty care. She personally coordinates the student ambulatory experiences to assure that they get the best possible opportunities with direct patient care at all stages of the pediatric continuum.

It is through the hard work of dedicated faculty like Dr. Arasmith that the Alaska WWAMI program is able to offer first class medical education with outstanding clinical training. The opportunity for a medical student to work 1:1 directly with a seasoned and skilled physician specialist who can guide them through the foundational development of their patient care skills is one of the many reasons that Alaska WWAMI graduates are competent and skilled physicians.



Dr. Brian Trimble, MD, MPH is a Staff Neurologist at the Alaska Native Tribal Health Consortium AK and has over 38 years of experience in the medical field. He graduated from University of Nevada at Las Vegas in 1984. He completed his Residency in Neurology at University of Washington in 1988 with an additional Fellowship in Vascular Neurology in 1989. Dr. Trimble also completed a Master's in Public Health in 2016 where he studied the epidemiology of stroke and Parkinson's Disease in Alaska Native people. He has served the Alaska Native community at the Alaska Native Medical Center for his entire career, and has been lead instructor for the popular Alaska WWAMI Neurology Clerkship at the Alaska Native Medical Center for over 20 years. The ANMC Neurology clerkship is highly sought-after by students for its breadth and depth of direct patient care experiences and the steadfast commitment to teaching by department staff. The opportunity to experience first-hand the Alaska Native Tribal Health Consortium's health care delivery system has been a tremendous learning opportunity.

It is with great appreciation and respect that we offer the Excellence in Clinical Teaching Award from Alaska WWAMI to Dr. Trimble for his longstanding dedication and commitment to training Alaska's future physicians.

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